Animals bring out the best in us. They can unknowingly teach us about ourselves and help us become better versions of ourselves.





## **Contact Us**

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## EAGLE MOUNT GREAT FALLS

Animal Assisted



SMALL ANIMALS PROGRAM



## Did you know:

Spending just 10 minutes with animals has proven to significantly reduce stress levels.



# Why Animal Assisted Activities?

Besides being ridiculously adorable, our small animals provide incredible benefits for our mental health. The small animal program combines loosely structured play and animal-human interactions to create a fun environment that enhances social, mental and emotional development.

### **Benefits Of AAA**

- Animals do not pass judgement which usually makes learning and practicing social skills easier.
- The human-animal bond allows us to learn how to better communicate with each other.
- Animals aid children in emotional, cognitive, and social development.

## Our Small Animals



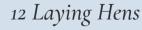
Carmel & Lark
Mini Horses



Carmel & Lark enjoy traveling to local nursing homes and kids camps. However, they spend most of their time hanging out with our participants at the barn.



Our goats have become fan favorites at the barn Their quirky personalities are sure to crack a smile! Like the mini horses, the goats also travel around the community. They love meeting new people and seeing new places!





Although the hens don't get to travel, they are still a fun addition to our barn. Participants love checking for eggs, petting them, and providing them with basic care!



### **Activities**

Walks in the park with Lark

Chillin' at the Barn

**Community Outings** 

**Grooming, Leading, and Bathing** 

**Learning Responsibility** 

