

2023 Ski & Board PARTICIPANT Registration

This is the form to officially register for the ski and board program. This program is based on first come, first serve. Assistance is based off volunteer availability and is not guaranteed. Any questions can be answered by the Program Coordinator, Shelby Tetlow.

> Eagle Mount Great Falls P.O. Box 2866 Great Falls, MT, 59403 Office: (406)454-1449, Fax: (406)454-1780, or visit www.eaglemount.net Program Coordinator: shelby.eaglemountgf@gmail.com

PARTICIPANT INFORMATION

Name ______

| Height | Weight_ | (There is a w | (There is a weight limit of 180 lbs sit ski, 200lbs stand up.) | | | | |
|---|-------------|--------------------|--|---------|--------------|----------|--|
| Shoe Size | | (Please circle one |) Youth | Adult | t Female Adı | ult Male | |
| Type: (<i>Please</i> | circle one) | Skier Snowboa | ırder Sit | t Skier | Not Sure | | |
| Participant on-snow experience: (Please circle) None Beginner Intermediate Advanced | | | | | | | |
| Adaptive equipment used on snow: | | | | | | | |
| Special interests, hobbies, likes, motivators: | | | | | | | |
| Any fears or concerns? | | | | | | | |
| Why do you need Eagle Mount's Assistance? | | | | | | | |
| SCHEDULING INFORMATION Please indicate which session and lesson time you would prefer. Preferred session and lesson time is not guaranteed. The Program Coordinator will contact you to once dates, times and volunteer availability has been confirmed. | | | | | | | |
| INDICATE PARTICIPATION PREFERENCES | | | | | | | |
| Please indicate which Sunday session would you prefer: (Please indicate 1st & 2nd choice.) Session 1 (January 22 nd -February 12 th) OR Session 2 (February 26 th - March 19 th) | | | | | | | |
| Please indicate which lesson time you would prefer: (Please indicate 1st & 2nd choice.)10:00-12:00pm OR1:00-3:00pm | | | | | | | |
| If you are not interested in participating in a full session, please indicate here and a staff member will contact you to schedule lessons If you have your own equipment and rentals are not needed from Eagle Mount, please indicate here. | | | | | | | |
| | | Pa | age 1 of 2 | | | | |



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EQUIPMENT NEEDS:

| PLEASE INDICATE TO THE BEST OF YOUR ABILITY | | | | | | | |
|---|--|--|--|--|--|--|--|
| Standard Ski Equipment (boots, poles, and skis) | | | | | | | |
| Standard Snowboard Equipment (snowboard and boots) | | | | | | | |
| Outriggers with standard equipment -Outriggers are handheld crutches with mini-skis on | | | | | | | |
| each end. Outriggers are for any stand-up skier requiring extra balance. | | | | | | | |
| Bi-Ski (Skier weight must not exceed 180lbs.) This sit ski is for wheelchair users or those who | | | | | | | |
| have significant difficulty walking. | | | | | | | |
| Mono-Ski (Skier weight must not exceed 180lbs.) This sit ski requires more physical strength | | | | | | | |
| in the upper body than the bi-ski. | | | | | | | |
| SnowSlider (Skier weight must not exceed 200lbs.) This is for skiers to stand up, holding on to | | | | | | | |
| this "hospital walker" like equipment. | | | | | | | |
| Helmet (ALL participants are required to wear a helmet during lessons.) | | | | | | | |
| | | | | | | | |
| *THIS SECTION TO BE FILLED OUT BY SIT SKIERS ONLY* | | | | | | | |
| Will rolling onto your shoulders cause pain to your back or shoulders?YesNo | | | | | | | |
| Using arm strength, can you push your own wheelchair independently?YesNo | | | | | | | |
| Can you maintain grip strength in your hands?YesNo | | | | | | | |
| If applicable, please note the level of your spinal cord injury. | | | | | | | |

NOTICE TO ALL SKIERS/ SNOWBOARDERS

Important Information

Before signing up for the ski/board program, every participant (and their family) must acknowledge certain aspects of this program.

Please review the following before turning in your paperwork.

- Each 2-hour lesson is \$35 including rental cost. You can choose to pre-pay or receive a bill at the end of the session. Visit www.eaglemount.net/payments/ to review our billing policies.
- Participants must be no more than 200 lbs. in order to participate in stand-up skiing or snowboarding and 180 lbs. in a sit ski. This is based on manufacturer requirements for the mono and bi skis; as well as to ensure the safety of the Eagle Mount volunteers and participants.
- Each participant (and their family) is responsible for transportation to and from Showdown Ski area for every lesson.
- Each participant is provided Eagle Mount ski or snowboard equipment but is required to fill out Showdown's ski/board rental form to assure proper binding adjustments prior to the day of the lesson.
- Regardless of equipment being used, the Eagle Mount Ski Instructor must inspect and approve equipment before beginning the lesson.
- Helmets are provided and are required to be worn.
- Participants are not allowed to ski/board on the Eagle Mount day pass or use the Eagle Mount equipment any more than the time frame of their lesson.
- Eagle Mount is a volunteer-based organization and if a volunteer is not available then Eagle Mount will not ski/snowboard (this is however a rare occurrence).
- Safety is always Eagle Mount's utmost concern and if there is ever a safety issue, the coordinator will communicate those issues to the proper party.