

# Build a Better Team & Community!

**Horses can't talk, but they speak if you listen.**

Discover how horses can teach us how we communicate with one another, work in teams, and shed light on our inner selves.

Horses live in the present moment and do not pass judgment, creating an open and safe space for self-reflection to enhance professional development, personal growth, and leadership skills.

**"I really enjoyed the program and appreciate allowing us to participate. It was a great way to learn more about the members of our little community and myself!"**

## Contact Us

(406)454-1449

[www.eaglemount.net](http://www.eaglemount.net)

[emgfequestrian@gmail.com](mailto:emgfequestrian@gmail.com)



## Our Programs

### Personal Growth & Wellbeing

Allow experiences with horses to guide you through a self-discovery journey.

### Team Building

Step out of your comfort zone and experience unique leadership and teamwork trainings- where the horse is the teacher!



**EM-PACT**  
EAGLE MOUNT  
POSSIBILITIES  
ACCEPTANCE  
COMMUNICATION  
TEAMWORK



**An experiential approach to enhancing teamwork, communication, and wellbeing- all while working with horses!**



## WHAT CAN WE LEARN FROM A HORSE?

Horses have the ability to respond to us by reflecting our actions, feelings and thoughts- all without judgement or bias.

## WHAT CAN YOU EXPECT FROM AN EM-PACT SESSION?

Typically, lessons start out by getting to know our horses and getting comfortable with each other. From there, our equestrian team will guide you through various activities tailored to fit your needs. Some activities are one-on-one while others require multiple people.

## WHO CAN BENEFIT?

- Corporate teams
- Youth Groups
- Addiction Groups
- Management
- Highschool Organizations
- Individuals seeking self-help
- Everyone!



**EM-PACT** is a hands-on experience that allows us to enhance well-being, teamwork, and leadership skills. All while working from the ground with horses- no riding needed! Every session is a one-of-a-kind experience- no two sessions will be the same.

## Make an impact on your life!

**"What an amazing opportunity! I thought the exercises were great and this is a wonderful way to decompress. I know for myself working with horses is very meditative."**

## READY TO INVEST IN YOURSELF?

This program is tailored to meet the desired goal for yourself or your group. Call us today to set up a consultation and customize your experience.

Since each session is entirely customized, please call to discuss pricing.

**\*EM-PACT is open to anyone ages 6 and up, no horse experience required!**



**Horses can make a lasting impact on those who choose to receive it.**

