

#### Eagle Mount Great Falls Participant Eligibility Criteria

### Alpine Ski and Snowboard Program

## **General Program Eligibility Criteria**

- □ Participant lives with a disability and requires specialized instruction or adaptive equipment.
- □ Participant is cleared by their doctor to participate in designated activity.
- While participating with Eagle Mount Great Falls programs, participant can refrain from risky behaviors that pose a threat to themselves and others including aggressive behavior, ignoring safety precautions, drug/alcohol use, and/or inability to set boundaries pertaining to their physical ability and needs.
- Participant can contribute to a safe learning environment. Harassment and abusive behavior will not be tolerated.
- □ Participant can wear all protective equipment required for the activity.
- □ Participant can manage personal care independently or with the assistance of their personal support person who is attending all activities with them.
- □ Complete a participation application and liability waiver.
- □ Must have own transportation.

## Alpine Ski and Snowboard Program Eligibility Criteria

- □ Participant must be 6 years or older.
- □ Participant must meet the above general eligibility criteria.
- □ Participant must be 180 pounds or less if using sit-down ski equipment.
- □ Participant must be 200 pounds or less for stand-up ski/board assistance.
- Participant in stand-up ski/board lessons must be able to assist themselves in getting up from the snow with minimal assistance.

After receiving your request for services, our program coordinator will call you to assess the safety and appropriateness of activities you are interested in.

- ✓ Please remember that not all activities are appropriate for all disabilities, ages or behaviors.
- ✓ We must receive all paperwork 2 weeks prior to any scheduled ski/board dates.

Joe Stalzer, Ski/Board Coordinator joe.eaglemountgf@gmail.com

Eagle Mount Great Falls is a non-profit organization. We provide therapeutic and recreational activities for children and adults of all ages with physical, developmental, mental and/or behavior challenges, striving to improve the quality of life for them and their families.





# Ski & Board PARTICIPANT Request for Adaptive Ski Assistance

Eagle Mount Great Falls P.O. Box 2866 Great Falls, MT, 59403 Office: (406)454-1449, Fax: (406)454-1780, or visit <u>www.eaglemount.net</u> eaglemountgf@gmail.com

# **PARTICIPANT INFORMATION**

Name					
	(There is a weight limit of 180 lbs. sit ski, 200 lbs. stand up.)				
Shoe Size	( <i>Please circle one)</i> Youth Adult Female Adult Male				
Type: (Please circle one)	Skier Snowboarder Sit Skier Not Sure				
Participant on-snow experie	ence: ( <i>Please circle)</i> None Beginner Intermediate Advanced				
Adaptive equipment used on snow:					
Special interests, hobbies, likes, motivators:					
Any fears or concerns?					
Why do you need Eagle Mount's Assistance?					

## **SCHEDULING INFORMATION**

Please indicate which session and lesson time you would prefer. Preferred session and lesson time is not guaranteed. The Program Coordinator will contact you to once dates, times and volunteer availability has been confirmed.

INDICATE PARTICIPATION PREFERENCES				
Please indicate which Sunday session would you prefer: (Please indicate 1st & 2nd choice.)				
Session 1 (January-February) OR	Sessio	on 2 (February-March)		
Please indicate which lesson time you would prefer: (Please indicate 1st & 2nd choice.)				
10:00-12:00pm	OR	1:00-3:00pm		

\_\_\_\_\_ If you are not interested in participating in a full session, please indicate here and a staff member will contact you to schedule lessons.

\_\_\_\_\_ If you have your own equipment and rentals are not needed from Eagle Mount, please indicate here.



# Ski & Board PARTICIPANT Request for Adaptive Ski Assistance

## **EQUIPMENT NEEDS:**

PLEASE INDICATE TO THE BEST OF YOUR ABILITY		
Standard Ski Equipment (boots, poles, and skis)		
Standard Snowboard Equipment (snowboard and boots)		
Outriggers with standard equipment -Outriggers are handheld crutches with mini-skis on		
each end. Outriggers are for any stand-up skier requiring extra balance.		
Bi-Ski (Skier weight must not exceed 180 lbs.) This sit ski is for wheelchair users or those who		
have significant difficulty walking.		
Mono-Ski (Skier weight must not exceed 180 lbs.) This sit ski requires more physical strength		
in the upper body than the bi-ski.		
SnowSlider (Skier weight must not exceed 200lbs.) This is for skiers to stand up, holding on to		
this "hospital walker" like equipment.		
Helmet (ALL participants are required to wear a helmet during lessons.)		

#### \*THIS SECTION TO BE FILLED OUT BY SIT SKIERS ONLY\*

Will rolling onto your shoulders cause pain to your back or shoulders?	Yes	No
Using arm strength, can you push your own wheelchair independently?	Yes	No
Can you maintain grip strength in your hands?	Yes	No
If applicable, please note the level of your spinal cord injury.		

## **NOTICE TO ALL SKIERS/ SNOWBOARDERS**

#### Important Information

Before signing up for the ski/board program, every participant (and their family) must acknowledge certain aspects of this program.

- Each 2-hour lesson is **<u>\$40</u>** including rental cost. You can choose to pre-pay or receive a bill at the end of the session. Visit <u>www.eaglemount.net/payments/</u> to review our billing policies.
- Participants must be no more than 200 lbs. for stand-up skiing or snowboarding and 180 lbs. in a sit-ski. This is based on manufacturer requirements for the sit-skis; as well as to ensure the safety of volunteers and participants.
- Participants must have a current Participant Application and Liability Waiver on file to participate in our programs. Visit <a href="https://www.eaglemount.net/participate/">https://www.eaglemount.net/participate/</a> to complete or download forms.
- Each participant (and their family) is responsible for transportation to and from Showdown Ski area for every lesson.
- Each participant is provided equipment but is required to fill out Showdown's ski/board rental form to assure proper binding adjustments prior to the day of the lesson.
- All equipment being used in an Eagle Mount lesson must be inspected and approved by the Eagle Mount Ski Instructor.
- Helmets are provided and are required to be worn.
- Participants are not allowed to ski/board on the Eagle Mount day pass or use the Eagle Mount equipment any more than the time frame of their lesson. Eagle Mount does not rent out its equipment.
- Eagle Mount is a volunteer-based organization. If a volunteer is not available, then Eagle Mount will not ski/snowboard (this is however a rare occurrence).
- Eagle Mount may cancel sessions if temps are below 10 degrees, bad road conditions or other unplanned events that compromise safety. Safety is always Eagle Mount's utmost concern.
- Not all recreational activities may be appropriate for all disabilities, ages, or behaviors. Abusive (physical or verbal) behavior will not be allowed. Individuals will be assessed by the staff for appropriateness in the programs. Eagle Mount Great Falls reserves the right to turn anyone away for any reason.

\_ Initial here that you have read and understand the Important Information above.