



Eagle Mount Great Falls
2021 Horsemanship Program Registration – VOLUNTEER

Volunteer Training/ Refresher Course: March 8- 11, 2021

Spring Session: March 15 – May 27, 2021

Volunteer Name: _____ Date: _____

Contact Info: _____

Last time I volunteered (if new, write new): _____

Please check all that you are interested in:

- Group Recreational Riding Classes – these classes will consist of up to 2 participants.
Individual Recreational Riding Classes – one on one.
Chillin’ With Horses Classes - Could be a one on one or group class. This is a non-riding session where participants will learn ground work with a horse to include, but not limited to, grooming, haltering, leading, horse knowledge, etc. – these classes will consist of up to 3 participants.

Please check all times/days you would be available (exact class times may be 30 or 45 minutes long and will be scheduled within these time frames).

- 10:00 – 11:00 AM ___ Wednesday
1:00 – 2:00 PM ___ Tuesday ___ Wednesday ___ Thursday
2:00 – 3:00 PM ___ Tuesday ___ Thursday
3:30 – 4:30 PM ___ Tuesday ___ Thursday
4:30 – 5:30 PM ___ Tuesday ___ Thursday
5:30 – 6:30 PM ___ Tuesday ___ Thursday

Other Scheduling Information you would like us to know or consider: _____

By checking these boxes, you agree that you have read and understand:

- Page 2 (Adaptive Horsemanship Information)
Page 3 (COVID-19 Procedures)
The days and times you have selected are NOT your set schedule. Your volunteer opportunities will be set up based on the instructor’s evaluation as well as considering the above scheduling availability.

The volunteer training/ refresher course will consist of training new volunteers as well as refreshing existing volunteers. We will be going over the rules and expectations for the horsemanship program as well as covering our COVID-19 procedures (see page 3) before being scheduled for classes. If the above times and days don’t work with your schedule and you still want to volunteer, we can visit with you regarding potential opportunities. Please give us a call or send us an email! Please return this page only as soon as possible.

Attn: Equestrian Program
Eagle Mount
P.O. Box 2866
Great Falls, MT 59403

Email: emgfequestrian@gmail.com
Barn Phone: 771-4840
Office Phone: 454-1449
Fax: 454-1780

Adaptive Horsemanship

For your information
What is it and who can participate

What is it?

- Horsemanship, mounted and unmounted, lessons adapted to individuals with disabilities.
- Therapeutic riding is an adaptive/recreational/sport activity, not therapy.
- Taught by a professional instructor in conjunction with volunteers.
- The individual is often taught riding skills in a group format.
- During riding, the emphasis is on proper riding position and rein skills, not functional therapeutic goals.
- Provides benefits in the areas of health, sport, recreation and leisure.
- Contributes positively to the individual's cognitive, physical, emotional and social well-being.

Recreational Riding Requirements for Participants.

- Be able to independently maintain a sitting balance
- Minimum age of 6
- Maximum weight limit is 180
- Have the ability to follow simple instructions
- No behavioral outbursts
- Ability to stay in designated areas with minimal supervision (no running)
- Ability to be aware of surroundings, understand and follow safety guidelines around horses
- Some disabilities may contradict riding, such as seizures. The instructor will evaluate individual needs.

Questions?

What if a participant doesn't fit the above requirements to ride?

- He or she may need more assistance than we can provide. Hippotherapy is another form of Equine Assisted Activity for more involved disabilities. This is completed by a licensed physical or occupational therapist in conjunction with riding instructor. At this time, Eagle Mount Great Falls does not have the resources to provide Hippotherapy.
- He or she may not meet the weight limit or has a disability that prevents riding but they qualify in all other areas. The instructor will evaluate each individual. Chillin' with Horses classes and Fun Days are a great way to learn about and interact with the horses from the ground.
- Safety comes first around horses. We will evaluate behavior and ability to follow instructions for all classes – both mounted and unmounted.

Volunteers

Volunteers must:

- Be at least 16 years of age to volunteer in a riding class.
- Be at least 14 years of age to help with Fun Days at the Barn (non-riding).
- Attend a volunteer training before assisting in any classes.



COVID-19 Procedures

If you have been exposed to someone who has tested positive for COVID-19, we will reschedule you at the end of your 14-day quarantine.

If you have been exposed to someone who has tested positive for COVID-19, we will reschedule you at the end of your 10-day quarantine.

Daily Health Screenings

All staff, participants, and volunteers must pass a symptom screening before participating in our programs. You must be able to answer 'NO' to the following:

- Currently experiencing any cold or flu like symptoms.
- Are currently waiting on COVID-19 test results or have tested positive for COVID-19.
- Have been in close contact with anyone who tested positive for COVID-19 or anyone who has had cold/flu like symptoms within the past 14 days?
- Currently under quarantine as directed by a health professional, school or other organization.

Face Coverings and Social Distancing

- Face masks are required for indoor spaces open to the public and certain organized outdoor activities.
- All staff, participants, and volunteers will wear face coverings when unable to maintain social distance of 6 feet or more while participating in our programs.

*Alternative strategies may be discussed and reviewed with Eagle Mount staff for those whom breathing, sensory or other disability-related concerns preclude wearing a face covering.

Strict Hygiene Standards

- Wash hands frequently
- Use hand sanitizer frequently
- Cough or sneeze inside of your elbow or use a tissue
- Stay home if you are sick

We have always taken much needed precautions with cleaning and sanitizing and now Eagle Mount has doubled down on facility/equipment cleaning and sanitation, for your safety. We will be doing daily extra cleaning during programs, please be mindful of the extra time between classes we are needing to keep everyone safe and healthy.