

Eagle Mount Great Falls
2019 Equestrian Spring Programming

Spring Recreational Riding Session: April 30 – June 6, 2019

Registrations Due by: April 12th

Participant Name: _____ Age: _____ Date: _____

Parent/Caregiver: _____ Phone: _____

Email Address: _____

Address: _____

Current Height: _____ Current Weight: _____ Disability: _____

Please check your interest and availability for a Spring class below. Horsemanship programming is not for everyone. Please review our guidelines and program costs on the back of this form before submitting your availability. An instructor will evaluate you for the appropriate horsemanship opportunity.

Please check all days you would be available:

- Tuesdays
- Wednesdays
- Thursdays

Please check all times you would be available (exact class times may be 30, 60, or 90 minutes long and will be scheduled within these time frames).

- 1:00 – 2:00 PM
- 1:30 – 2:30 PM
- 3:30 – 4:30 PM
- 4:00 – 5:00 PM
- 4:30 – 5:30 PM
- 5:00 – 6:00 PM
- 5:30 – 6:30 PM

How Scheduling Works:

- After we receive your interest, we will call you with more information regarding a class that would fit your abilities and make sure all of your paperwork is up to date.
- Your first class will consist of evaluation and goal setting which will include parents or caregivers. This will help the participant and the parent/caregiver follow along with what is being taught in the arena for the remaining 4 weeks.
- At the end of the session each participant will receive a progress report and certificate of completion. You will be able to see your progress compared to the goals set during your first class.

Please return this form as soon as possible.

Eagle Mount Equestrian Program, P.O. Box 2866, Great Falls, MT 59403.

Email: emgfequestrian@gmail.com

Fax: (406) 454-1780

Questions? Email or call (406) 454-1449

Therapeutic Recreational Riding

What is it?

- Recreational horseback riding lessons adapted to individuals with disabilities.
- Taught by a professional Therapeutic Riding Instructor with the support of volunteers.
- The individual participates in a group format. We do have individual classes that will be recommended at the instructors discretion.
- The emphasis is on proper riding position and rein skills, not functional therapeutic goals.
- Therapeutic riding is an adaptive/recreational/sport activity, not therapy.
- Provides benefits in the areas of health, education, sport and recreation and leisure.
- Contributes positively to the cognitive, physical, emotional and social well-being of individuals.

Recreational Riding Requirements for Participants.

- Be able to independently maintain a sitting balance
- Minimum age of 6
- Maximum weight limit is 180
- Have the ability to follow simple instructions
- No behavioral outbursts
- Ability to stay in designated areas with minimal supervision (no running)
- Ability to be aware of surroundings, understand and follow safety guidelines around horses
- Some disabilities may contradict riding, such as seizures. The instructor will evaluate individual needs.

Questions?

What if I (or my child) don't fit the above requirements to ride?

- He or she may need more assistance than we can provide. Hippotherapy is another form of Equine Assisted Activity for more involved disabilities. This is completed by a licensed therapist in conjunction with riding instructor. At this time, Eagle Mount Great Falls does not have the resources to provide Hippotherapy.
- He or she may not meet the weight limit or has a disability that prevents riding but they qualify in all other areas. The instructor will evaluate each individual. Non-Riding classes and camps are a great way to learn about and interact with the horses from the ground.
- Please remember that safety comes first around horses. We will evaluate behavior and ability to follow instructions for all classes – both mounted and unmounted.

What is the cost?

- Riding Class: \$25 per one on one lesson. \$15 per group lesson.
- Non-Riding Classes: \$15 per one on one lesson. \$10 per group lesson