

Eagle Mount Great Falls
2019 Fall/Winter Registration VOLUNTEERS

Fall Session: September 16 – October 16

Winter Session: October 21 – November 21

Volunteer Name: _____

Date: _____

Contact Info: _____

Please check all that you are interested in:

- Group Recreational Riding Classes - these classes will consist of up to 4 participants.
- Individual Recreational Riding Classes – one on one.
- Wrangler/Chillin' Classes: Could be a one on one or group class. This is a non-riding session where participants will learn ground work with a horse to include, `but not limited to, grooming, haltering, leading, horse knowledge, etc.
- Fall Session
- Winter Session

Please check all times/days you would be available (*exact class times may be 30 or 45 minutes long and will be scheduled within these time frames*).

- 10:00 – 11:00 AM __ Monday __ Wednesday
- 1:00 – 2:00 PM __ Monday __ Tuesday __ Wednesday __ Thursday
- 2:00 – 2:30 PM __ Monday __ Tuesday __ Wednesday __ Thursday
- 3:30 – 4:30 PM __ Monday __ Tuesday __ Thursday
- 5:15 – 6:15 PM __ Tuesday __ Thursday

Your class will be set up based on the instructor's evaluation of the participant's needs. If the above times and days don't work with your schedule and you still want to volunteer, we can visit with you regarding potential opportunities. Please give us a call or send us an email!

December 2 – 19th will have individual opportunities to come out and chill with the horses dependent on weather. We will send out a separate schedule for these days.

Please return this form as soon as possible.

Attn: Equestrian Program
Eagle Mount
P.O. Box 2866
Great Falls, MT 59403

Email: emgfquestrian@gmail.com

Barn Message Phone: 771-4840
Eagle Mount Cell Phone: 403-9968
REMIND App: text @emhorse to 81010
Office Phone: 454-1449
Fax: 454-1780

Therapeutic Recreational Riding

For your information What is it and who can participate

What is it?

- Recreational horseback riding lessons adapted to individuals with disabilities.
- Taught by a professional horseback-riding instructor in conjunction with volunteers.
- The individual is often taught riding skills in a group format.
- The emphasis is on proper riding position and rein skills, not functional therapeutic goals.
- Therapeutic riding is an adaptive/recreational/sport activity, not therapy.
- Provides benefits in the areas of health, sport, recreation and leisure.
- Contributes positively to the cognitive, physical, emotional and social well-being of individuals with special needs.

Recreational Riding Requirements for Participants.

- Be able to independently maintain a sitting balance
- Minimum age of 6
- Maximum weight limit is 180
- Have the ability to follow simple instructions
- No behavioral outbursts
- Ability to stay in designated areas with minimal supervision (no running)
- Ability to be aware of surroundings, understand and follow safety guidelines around horses
- Some disabilities may contradict riding, such as seizures. The instructor will evaluate individual needs.

Questions?

What if a participant doesn't fit the above requirements to ride?

- He or she may need more assistance than we can provide. Hippotherapy is another form of Equine Assisted Activity for more involved disabilities. This is completed by a licensed physical or occupational therapist in conjunction with riding instructor. At this time, Eagle Mount Great Falls does not have the resources to provide Hippotherapy.
- He or she may not meet the weight limit or has a disability that prevents riding but they qualify in all other areas. The instructor will evaluate each individual. Wrangler classes and Fun Days are a great way to learn about and interact with the horses from the ground.
- Safety comes first around horses. We will evaluate behavior and ability to follow instructions for all classes – both mounted and unmounted.

Cost

Individual Riding Class: \$30 per hour

Group Riding Class: \$20 per hour

Individual Wrangler / Chillin' with Horses: \$15 per class

Group Wrangler / Chillin' with Horses: \$10 per class

Fun Days: \$35 per day