

Eagle Mount Great Falls
2018 Equestrian Summer Programming

Volunteers must attend training and be at least 16 years of age to assist in riding classes.

Volunteer Name: _____

Date: _____

Contact Info: _____

Please check all that you are interested in:

- Group Recreational Riding Classes – these classes will consist of up to 4 participants.
- Individual Recreational Riding Classes – one on one.
- Equestrian Summer Camps – will consist of up to 12 participants per camp day. Activities include arts/crafts, games and various horse interactions. Riding horses is not guaranteed during the camps.
- Wrangler Classes – Could be a one on one or group class. This is a non-riding session where participants will learn ground work with a horse to include, but not limited to, grooming, haltering, leading, horse knowledge, etc.

Please check all days you would be available:

- Mondays
- Wednesdays
- Thursdays

Please check all times you would be available (exact class times may be 30, 60, or 90 minutes long and will be scheduled within these time frames).

- 1:00 – 2:00 PM
- 2:00 – 3:00 PM
- 3:00 – 4:00 PM
- 4:00 – 5:00 PM
- 5:00 – 6:00 PM

These are the dates we will schedule all classes and camps within. Please check all dates you would be available for and list any days you will be gone:

- May 21 – May 31 (we will be closed May 28):

- June 4 – June 28:

- July 9 – July 30 (we will be closed week of July 4):

- August 1 – August 23:

Please return this form as soon as possible.

Eagle Mount, Attn: Heather Martin, P.O. Box 2866, Great Falls, MT 59403.

Email: heather_martin94@eaglemount.net.

Fax: (406) 454-1780

Questions? (406) 454-1449

Therapeutic Recreational Riding

For your information What is it and who can participate

What is it?

- Recreational horseback riding lessons adapted to individuals with disabilities.
- Taught by a professional horseback-riding instructor in conjunction with volunteers.
- The individual is often taught riding skills in a group format.
- The emphasis is on proper riding position and rein skills, not functional therapeutic goals.
- Therapeutic riding is an adaptive/recreational/sport activity, not therapy.
- Provides benefits in the areas of health, education, sport and recreation and leisure.
- Contributes positively to the cognitive, physical, emotional and social well-being of individuals with special needs.

Recreational Riding Requirements for Participants.

- Be able to independently maintain a sitting balance
- Minimum age of 6
- Maximum weight limit is 180
- Have the ability to follow simple instructions
- No behavioral outbursts
- Ability to stay in designated areas with minimal supervision (no running)
- Ability to be aware of surroundings, understand and follow safety guidelines around horses
- Some disabilities may contradict riding, such as seizures. The instructor will evaluate individual needs.

Questions?

What if a participant doesn't fit the above requirements to ride?

- He or she may need more assistance than we can provide. Hippotherapy is another form of Equine Assisted Activity for more involved disabilities. This is completed by a licensed therapist in conjunction with riding instructor. At this time, Eagle Mount Great Falls does not have the resources to provide Hippotherapy.
- He or she may not meet the weight limit or has a disability that prevents riding but they qualify in all other areas. The instructor will evaluate each individual. Wrangler classes and camps are a great way to learn about and interact with the horses from the ground.
- Safety comes first around horses. We will evaluate behavior and ability to follow instructions for all classes – both mounted and unmounted.