

VOLUNTEER OPPORTUNITIES – Bowling with Eagle Mount

Bowling: Participant ages 10 and up. Volunteer ages – 14 and up.

Bowler's Survival Kit

X-for that much needed strike

Velcro-when you need to get a grip

Tire-when you need to pick up that spare

Starburst-for that burst of energy

Band Aid-for the blistered fingers

Towel-to dry the tears

Blinders-to be a team player

Blue Ribbon-you are always a winner

Bowling is a very popular activity with our young adults. It is simply a fun activity with a little hint of competition! Bowling also helps give the participants emotional stability as they bond and socialize with peers!

Volunteers either help 'One on One' with a participant or with a group as a bowling 'Coach'. As a 'One on One' volunteer you will be paired up with a participant who needs a lot of assistance in bowling – some things you may be doing: pushing wheelchair, preparing bowling ramp, putting ball on bowling ramp, or assisting participant push ball off ramp. As a "coach" you are there as a mentor and cheerleader. They will look to you for the thumbs up and sometimes ask for some advice on their bowling technique. All volunteers are also there to assist with crowd control by helping the participants to follow the rules and to behave. Other things a volunteer may do – ask bowling ally workers to assist with any lane issues or ball jams during bowling, help with entering information into scoring system, assist bowlers in ordering food, making sure everyone is where they are suppose to be, and waiting with participants until they are picked up.

The fall bowling sessions will start on September 13th. Bowling will continue to be at Little's Lanes on Tuesdays from 4:30 – 6:00 p.m. Sessions will be 8 weeks long.

- Session I: September 13 – November 1, 2011
 - NO Bowling November 8, 2011
- Session II: November 15, 2011 – January 3, 2012
 - NO Bowling January 10, 2012
- Session III: January 17 – March 6, 2012
 - NO Bowling March 13, 2012
- Session IV: March 20 – May 8, 2012
- Bowling Party & Last Bowling Day: May 15, 2012
- Bowling closed for summer and will resume in September of 2012.